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### PHOSPHATE TRANSPORT BY EMBRYONIC CHICK DUODENUM

# STIMULATION BY VITAMIN D<sub>3</sub> \*

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## Summary

Embryonic chick duodenum maintained in organ culture is a well-suited model for the study of vitamin D effects on inorganic phosphate ( $P_i$ ) absorption. The system is sensitive to as little as 6.5 nM vitamin  $D_3$  (0.1 I.U./ml culture medium). Increased phosphate absorption is observed after 6–12 h of culture. Maximal response (133% of vitamin D-efficient control) is achieved at 24 h.

Phosphate uptake by embryonic chick duodenum involves a saturable and a non-saturable component. The former displays characteristics of an active sodium-dependent transport mechanism and is also sensitive to vitamin  $D_3$ . Presence of the sterol in culture medium raises the maximal velocity from 55 to 75 nmol  $P_i$ /min per g tissue.  $K_m$  remains unchanged (0.5 mM  $P_i$ ).

Duodena cultured in presence of inhibitors of protein synthesis (actinomycin D,  $\alpha$ -amanitin and cycloheximide) display reduced rates of phosphate absorption. This treatment also prevents vitamin  $D_3$  action on phosphate transport. It is concluded that the sterol affects phosphate transport by modulation of synthesis of proteins which are functional in the  $P_i$  absorptive process.

# Introduction

Embryonic chick duodenum maintained in organ culture has proven useful for studies of vitamin D effects at the cellular level [1-4]. Before hatching, the small intestine resembles vitamin D-deficient tissue. Although vitamin D<sub>3</sub> contained in yolk [5] would be a potential source for 1,25-dihydroxyvitamin D<sub>3</sub>,

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biotransformation into this biologically active sterol [6] and uptake into intestine occurs, if at all, only in minute amounts insufficient for evoking any biological response [7,8]. However, duodenum from 20-day-old embryos cultured in presence of vitamin  $D_3$  or of its biologically more active metabolites responds by de novo synthesis of the vitamin D-dependent calcium-binding protein [9] and by increased uptake of calcium and inorganic phosphate  $(P_i)$  [1-4,10]. Since vitamin  $D_3$  apparently is not further metabolized in this tissue [2], the effect of the compound itself on the calcium and phosphate absorptive mechanism can be directly assessed. Of these, calcium absorption was studied in great detail [1-4]. Hitherto, little attention was paid to the phosphate transport system.

It is now well established that phosphate transport by the small intestine occurs separately from the calcium absorptive process and that vitamin D affects both systems independently [11–13]. Therefore, investigations described in this paper were aimed at characterization of the phosphate absorptive mechanism of embryonic chick duodenum and the effect of vitamin  $D_3$  thereon to obtain more insight into the various cellular actions of the vitamin.

#### Methods

Embryonated eggs from a local poultry farm were incubated for 20 days at 37°C and 60% relative humidity. Duodena were cultured exactly as described by Corradino [1]. Briefly, the slit-open guts were placed mucosal side-up on rectangular grids in sterile Petri dishes. Usually, four duodena were cultured on a single grid. The serosal side was in contact with the culture medium (McCoy's 5A modified medium, 40 ml per dish).

Vitamin  $D_3$  and actinomycin D, respectively, were dissolved in ethanol. Final ethanol concentration in culture medium did not exceed 0.1%. Cycloheximide and  $\alpha$ -amanitin were dissolved in isotonic saline. No more than 1.0 ml was added to each Petri dish. Only vehicle was added to control groups.

Petri dishes were kept in an incubator (National Appliance Co., U.S.A.) for various time periods at 37°C in 95/5% air/CO<sub>2</sub> atmosphere.

Established methods were used for determination of tissue uptake of radio-phosphate and radiocalcium [1]. Cultured duodena were transferred into 25 ml Erlenmeyer vials containing 3.0 ml bathing solution. The tightly sealed vials were incubated for 45 min (if not otherwise stated) at 37°C. Thereafter, the guts were quickly transferred on filter paper mounted in a Millipore 3025 Sampling Manifold and were rinsed extensively with ice-cold saline under continuous suction. Guts were then carefully blotted on tissue paper, and weighed. For determination of radioactivity, tissue samples were digested in 1.0 ml of a tissue solubilizer (TS-2, Koch-Light Laboratories, U.K.) by overnight shaking at 50°C. After addition of 10 ml of a toluene/PPO/POPOP scintillation cocktail radioactivity was determined in a Beckman LS 230 liquid scintillation counter equipped with external standardization.

Bathing solution was basically Krebs-Henseleit bicarbonate buffer (1.2 mM  $P_i/2.5$  mM Ca, pH 7.4) [14]. When necessary,  $P_i$  concentrations were adjusted by changes in the amount of  $KH_2PO_4$  added.  $K^*$  concentration was kept constant by appropriate addition or omission of KCl. In experiments where  $Na^*$  was

replaced, this was done by isosmolar substitution with choline chloride and choline hydrogencarbonate.

When calcium uptake was compared with phosphate accumulation, a low sodium buffer containing mannitol was used [15] which had proven most suitable for measurement of calcium uptake [1]. This buffer contained 1.2 mM  $P_i$  and 0.25 mM  $Ca^{2+}$ . In control experiments mannitol was replaced isotonically by NaCl.

All buffers were gassed with  $O_2/CO_2$  (95/5%) before use to adjust pH to 7.4. The vials were flushed with the same gas mixture for 30 s before incubation and then stoppered tightly. This was found sufficient to keep pH constant and, consequently, to prevent precipitation of calcium phosphate even at the highest  $P_i$  concentration used (2.4 mM).

Radioisotopes ( $^{32}P_i$  obtained as  $H_3^{32}PO_4$  in 0.02 M HCl from the Radiochemical Centre, Amersham, and  $^{45}CaCl_2$  from the same source) were added to the bathing solution at a concentration of 0.5  $\mu$ Ci/ml.

Crystalline vitamin  $D_3$  was purchased from Merck, G.F.R. Actinomycin D, cycloheximide and carbonyl cyanide m-chlorophenyl hydrazone were from Sigma (U.S.A.).  $\alpha$ -Amanitin was a gift from Dr. Peter Swetly, Ernst Boehringer-Institut für Arzneimittelforschung, Vienna.

Student's t-test was used for statistical evaluations. Regression lines were calculated with a built-in program of a Compucorp 342 desk calculator.

## Results

Kinetics of phosphate uptake by embryonic chick duodenum. Guts cultured in the presence of 26  $\mu$ M vitamin D<sub>3</sub> (+D group) for 48 h accumulate significantly more P<sub>i</sub> from the bathing solution (1.2 mM P<sub>i</sub>) than their vitamin D<sub>3</sub>-free controls (-D group). Fig. 1 shows that tissue accumulation of radiophos-

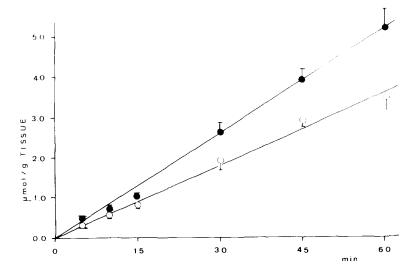


Fig. 1. Phosphate accumulation by embryonic chick duodenum as function of incubation time. Data are means (4 duodena per group)  $\pm$  S.E. (vertical bars). •, 26  $\mu$ M vitamin D<sub>3</sub> in culture medium;  $\odot$ , vitamin D<sub>3</sub>-free culture medium. Culture period 48 h.

phate in both +D and -D duodena is a linear function (r > 0.99) of incubation time for periods up to 60 min. Calculated average transport rates are  $80 \pm 4$  and  $61 \pm 3$  nmol/min per g tissue, respectively. Thus, the vitamin D<sub>3</sub>-related increment of phosphate absorption amounts to 31% of -D controls (P < 0.001).

Involvement of a carrier-mediated transfer in P<sub>i</sub> uptake by embryonic chick duodenum can be implicated when absorption rates are measured at different extracellular P<sub>i</sub> concentrations (Fig. 2). In both +D and -D duodena, P<sub>i</sub> uptake becomes saturated at higher concentrations in the bathing solution. The shape of the curves does not resemble typical Michaelis-Menten kinetics but can be converted into these if consideration is given to a non-saturable, vitamin Dindependent diffusional step of P<sub>i</sub> entry into the tissue (see below). By subtraction of a linear term the obtained data can be fitted into rectangular hyperbolas. From a linearized plot of the saturable components (see insert in Fig. 2) it can be calculated that the presence of vitamin D<sub>3</sub> in the culture medium  $(26 \mu M)$  increases the maximal velocity of P<sub>i</sub> absorption from 55 to 75 nmol/ min per g tissue, while no distinct effect on  $K_m$  is observed (-D, 0.52 mM; +D, 0.55 mM). To test whether the saturable entry of P<sub>i</sub> into duodenal tissue takes place by facilitated diffusion or by an energy-dependent mechanism, the effect of metabolic inhibitors and of incubation at low temperature on P<sub>i</sub> uptake was determined. Addition to the bathing solution of carbonyl cyanide m-chlorophenyl hydrazone (50  $\mu$ M) or 2,4-dinitrophenol (100  $\mu$ M) as well as incubation at 20°C caused significant reduction of P<sub>i</sub> absorption in both the +D and -D group so that the vitamin D<sub>3</sub> increment was completely abolished (Table I). The similarity of residual P<sub>i</sub> uptake in both groups under these conditions suggests that a common vitamin D-independent diffusional pathway exists in addi-

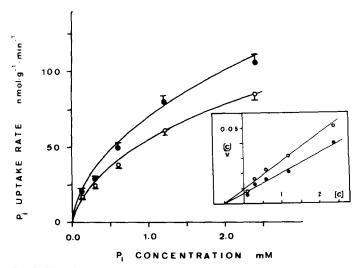


Fig. 2. Phosphate absorption rates at various phosphate concentrations in incubation buffer. Data are shown as means from 4–6 duodena per group  $\pm$ S.E. (vertical bars). •, guts cultured in the presence of 26  $\mu$ M vitamin D<sub>3</sub> for 48 h; 0, vitamin D<sub>3</sub>-free controls. Inset: linearized plot of saturable components of P<sub>i</sub> uptake. [C], P<sub>i</sub> concentration in bathing solution;  $\nu$ , P<sub>i</sub> uptake rate. Units and symbols are the same as in large graph.

TABLE I INFLUENCE OF METABOLIC INHBITION, AND OF EXTRACELLULAR  ${\rm Na}^+$  ON PHOSPHATE AND CALCIUM ABSORPTION BY EMBRYONIC CHICK DUODENUM

Data are means from 4--6 duodena per group  $\pm$  S.E. For detailed composition of buffers see Methods. -D, guts cultured in vitamin  $D_3$ -free medium for 48 h; +D, 26  $\mu$ M vitamin  $D_3$  in culture medium; mClCCP, carbonyl cyanide m-chlorophenyl hydrazone; 2,4-DNP, 2,4-dinitrophenol; n.d., not determined. Superscripts indicate statistically significant difference at least at P < 0.05 level: a, +D vs. -D; b, metabolic inhibition vs. control; c, normal vs. low Na $^+$  concentration.

Na <sup>†</sup> in incubation buffer (mM)	Na <sup>†</sup> replaced by	Inhibition by	Phosphate absorption		Calcium absorption	
			D	+D	D	+D
			(nmol/min per g tissue)			
143		_	53 ± 5	85 ± 4 a	n,d.	n.d.
143		50 μM mClCCP	21 ± 1 b	25 ± 2 b	n.d.	n.d.
143	_	100 μM 2,4-DNP	24 ± 1 b	24 ± 2 b	n.d.	n.d.
143		20 °C	$17 \pm 1$ b	18 ± 1 <sup>b</sup>	n.d.	n.d.
0	Choline	_	16 ± 2 °	$16 \pm 2^{\circ c}$	n.d.	n.d.
125	_		34 ± 3	39 ± 3	$4.7 \pm 0.4$	$6.2 \pm 0.3$ a
25	Mannitol	_	$23\pm1^{\mathbf{C}}$	$27 \pm 1 \text{ a,c}$	$11.1 \pm 0.6$ <sup>c</sup>	$15.4 \pm 0.6$ a,c

tion to a saturable energy-dependent mechanism sensitive to vitamin  $D_3$ . From  $P_i$  accumulation under metabolic inhibition and at low temperature the average rate of diffusional  $P_i$  entry at 1.2 mM  $P_i$  was calculated (data from +D and -D groups were combined, Table I). The obtained value was found appropriate for calculation of the linear term used for transformation of overall uptake kinetics into rectangular hyperbolas (see above).

Influence of extracellular  $Na^+$  on  $P_i$  and  $Ca^{2^+}$  absorption by embryonic chick duodenum. Isosmolar substitution of  $Na^+$  by choline in the incubation buffer reduces radiophosphate absorption to equal levels in the vitamin  $D_3$ -treated group and in vitamin  $D_3$ -deficient controls (Table I). The transport rates observed under this condition are similar to those under metabolic inhibition and probably reflect sodium- and vitamin  $D_3$ -independent entry of phosphate into duodenal tissue by a diffusional pathway. Apparently, the active  $P_i$  absorptive mechanism is completely inhibited by incubation in  $Na^+$ -free buffer.

In contrast to inorganic phosphate, calcium absorption by embryonic duodenum is stimulated by low extracellular sodium. Absorption of both ions was measured in a low sodium buffer containing mannitol [15], which is most suitable for measurements of calcium uptake [1], and compared to uptake at normal sodium concentration. The tissue accumulates significantly more calcium from the bathing solution at 25 mM than at 125 mM Na<sup>†</sup>. Obviously, the increment due to vitamin D<sub>3</sub> is also higher at the low sodium level (Table I). Phosphate uptake, however, is inversely related to extracellular sodium concentration. A heavily reduced accumulation rate and a small vitamin D effect is observed with the mannitol buffer. Adjustment of the Na<sup>†</sup> concentration to normal stimulates uptake in both +D and -D groups (Table I).

Time- course and dose-response-relationship of vitamin D3 effect on phos-

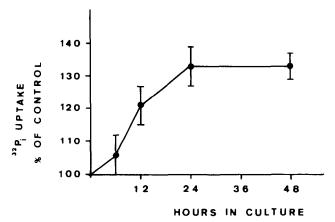


Fig. 3. Time-course of vitamin D<sub>3</sub> effect on phosphate transport. Data were converted to 'percentage of zero vitamin D<sub>3</sub> control'. Values are means ± S.E. from 4—8 guts per group.

phate absorption. Stimulation of tissue accumulation of  $P_i$  was studied at the 26  $\mu$ M vitamin  $D_3$  dose level (Fig. 3). Phosphate absorption tends to increase after 6 h of culture. A statistically significant rise above the -D level was observed at 12 h (P < 0.05). Full expression of the stimulatory effect occurs as early as 18 h and is maintained up to 48 h. Longer culture periods were not studied.

For determination of the dose-response relationship, duodena were cultured for 48 h in the presence of different vitamin  $D_3$  concentrations. The lowest dose level effective in raising absorption significantly (P < 0.05) above control values was 6.5 nM vitamin  $D_3$  corresponding to a concentration of 0.1 I.U./ml culture medium. Maximal response was observed at 0.65  $\mu$ M vitamin  $D_3$  (Fig. 4). Higher vitamin  $D_3$  concentrations had no additional effect on  $P_i$  absorption.

Effect of inhibitors of protein synthesis on vitamin  $D_3$  stimulation of phosphate transport. Since the active metabolite of vitamin  $D_3$ , 1,25-dihydroxy-

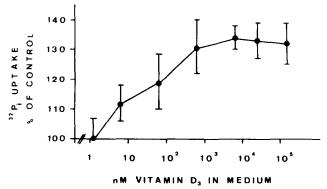


Fig. 4. Dose-response relationship of vitamin  $D_3$  stimulation of phosphate absorption. Duodena were cultured for 48 h in presence or absence of vitamin  $D_3$ . For presentation data were converted to 'percentage of zero vitamin  $D_3$  control'. Values are the mean  $\pm$  S.E. (vertical bars) from 4 duodena per group.

#### TABLE II

EFFECT OF INHIBITORS OF PROTEIN SYNTHESIS ON PHOSPHATE ABSORPTION BY EMBRY-ONIC CHICK DUODENUM

Duodena were cultured for 24 h. Inhibitors were added 6 h after begin of culture. -D, no vitamin  $D_3$  present in culture medium; +D,  $26~\mu\text{M}$  vitamin  $D_3$  in culture medium. Data are means (4–6 duodena per group) and S.E. Significance of difference between treated groups and their respective controls (no inhibitor present) at least at P < 0.05 level. No significant differences between +D and -D groups when inhibitors were added to culture medium.

Inhibitor in culture medium	Phosphate (		
	-D	+D	
None	77 ± 5	94 ± 8	
Actinomycin D (5.5 µg/ml)	56 ± 2	56 ± 8	
$\alpha$ -Amanitin (0.5 $\mu$ g/ml)	51 ± 7	63 ± 9	
Cycloheximide (125 µg/ml)	$52 \pm 4$	$45 \pm 2$	

vitamin  $D_3$ , is known to exert its effect on intestinal calcium absorption via alteration of the genetic expression of the intestinal cell [16] leading to the synthesis of a specific calcium-binding protein [17], the effect of transcriptional and translational inhibitors on phosphate transport was tested. Actinomycin D [18],  $\alpha$ -amanitin [19] and cycloheximide [20], when present in the culture medium, not only reduced basal phosphate absorption in vitamin  $D_3$ -free controls but also abolished any vitamin D stimulation (Table II). This proves that  $P_i$  transport by embryonic chick duodenum depends on intact protein synthesis. Interaction of the sterol with a transcriptional step and subsequent modulation of protein synthesis necessarily preceeds stimulation of phosphate absorption in cultured embryonic duodenum.

#### Discussion

The results obtained prove embryonic chick duodenum maintained in organ culture a useful model for the study of cellular vitamin D effects with respect to absorption of inorganic phosphate. Dose range and time course of the vitamin D effect are both comparable to those pertinent to induction of calcium-binding protein and increase in calcium absorption observed in this system [1].

The present study reveals several features of the phosphate absorptive mechanism of embryonic chick duodenum. Tissue uptake involves a saturable step which depends on metabolic energy and displays characteristics of a sodiumlinked transfer [22]. Vitamin  $D_3$  stimulates this pathway by increasing its maximal velocity. An alteration of affinity of the carrier complex to  $P_i$  cannot be deduced from the experiments since the apparent Michaelis-Menten constant remains virtually unchanged. Thus, with respect to its basic characteristics, vitamin  $D_3$ -induced phosphate absorption cannot be distinguished from the unstimulated process.

These findings are consistent with the current view on intestinal phosphate transport and the effect of vitamin D thereon. Previous investigations on unidirectional P<sub>i</sub> fluxes in everted chick jejunum furnished evidence for an active

vitamin D-dependent pathway located on the mucosal side of the epithelial cell layer [13,21].  $P_i$  uptake from the serosal side is not influenced by vitamin D and, in addition, occurs at a rate far below that of  $P_i$  entry across the mucosal surface [13,21]. If this holds true also for embryonic chick duodenum, vitamin D-dependent tissue accumulation reflects mainly mucosal  $P_i$  influx, although uptake of radiophosphate as measured in the present study also includes  $P_i$  influx from the serosal side.

The current study also yields some information on the mechanism by which vitamin  $D_3$  might stimulate phosphate absorption. Stimulation of a passive transfer step can be excluded from the observations indicating a lack of any vitamin  $D_3$  increment during metabolic inhibition or in the sodium-free state. The demonstration of increase in maximal velocity of the Na $^+$ -dependent active component of  $P_i$  transport due to vitamin  $D_3$  favors the assumption that the sterol increases the number of available carrier sites. This could be achieved either by exposure of pre-existing latent carrier complexes or by increased synthesis of carrier proteins. The blocking of vitamin D action by inhibitors of protein synthesis is in keeping with the second possibility.

The different sensitivity of calcium and phosphate uptake by embryonic chick duodenum towards extracellular  $\mathrm{Na}^+$  suggests that  $\mathrm{Ca}^{2+}$  and  $\mathrm{P_i}$  enter the tissue by separate cellular pathways. Consequently, this implies an independent effect of vitamin  $\mathrm{D_3}$  on the respective absorptive mechanisms.

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